

# **SUPERVISION OF SELF-ADMINISTERED MEDICATION IN THE HOME**

## ***HHA / CNA RESPONSIBILITIES***

### **CLIENT/PATIENT MUST BE ABLE TO TAKE OWN MEDICATION**

1. Remind to take medication
2. Prepare necessary items such as juice, water, cups, or spoons to assist the client/patient in the self administration of medication
3. Open and close the medication container or tear the foil of prepackaged medications
4. Observe the client/patient self-administering the medication
5. Assist the client/patient in the self-administration process. Examples of such assistance include the steadying of the arm, hand or other parts of the client/patient body so as to allow the self-administration of medication
6. If the client/patient removes too much medication you may assist the client/patient by placing unused doses of solid medication back into the medication container
7. Reorder prescriptions from the pharmacy

Anytime family/client/patient leaves out medication for the client/patient (ex. pills in a dish), the patient/client must self-administer the medication

REPORT any difficulty the client/patient may have:

- Understanding medications
- Removing medications from bottle
- Not taking medication
- Apparent confusion
- Nausea / vomiting

You may NOT administer prescription eye drops

You may NOT remove medication from the bottle

You may NOT place medication in food/liquid

You may NOT crush, break pill or liquefy

You may NOT hand pill to client